AREAS OF INTERESTS
Volunteer Role Examples

1. **Accessibility**: support people with various types of disabilities or mental health needs for improved inclusion and quality of life.

2. **Accounting / Finance**: bookkeeping, accounting related tasks (see Boards /Committees).

3. **Animals / Pets**: care for animals, visit others with your animal, fostering options.

4. **Arts / Culture**: gallery tours, usher, box office support, maker or craft instructors, woodworking, face painting, etc.

5. **Boards / Committees**: human resources, legal, accounting, planning, fundraising and marketing expertise.

6. **Caring Support**: friendly visitor, one on one support, listener, shopper, porter, reading to others, hairdressing and manicures.

7. **Children / Youth**: Support or mentor with children or youth, with or without special needs, in a variety of settings.

8. **Communication / Public Relations**: flyer delivery, information booth helper, event marketing and social media support.

9. **Conflict / Facilitation**: telephone crisis line, mediation, group/individual support and spiritual education.

10. **Driver / Transportation**: drive program clients to programs and appointments, deliver food or other items.

11. **Environment**: community gardens, conservation areas; weed, plant, water, landscape, preservation and environmental programs and research.

12. **Fund Development**: research grant and funding options, provide stewardship and program support.

13. **Food / Hospitality**: food preparation, service or distribution. Retail sales, (handle cash, serve customers, price items, arrange displays, stock shelves).

14. **Health Care / Wellness**: volunteer in hospital or senior residences, Emergency Response, health related education.

15. **Heritage / Museum**: assist with theatrical production (director, actor, stage support, puppeteer or usher), interpreter at a museum or historic location, support roles at gallery or museum, and historical research.

16. **Leadership/ Management**: guiding volunteers, events, programs, policy or procedures.

17. **Library / Research**: deliver books to isolated clients, catalogue, archive and digitize resources.

18. **Maintenance**: basic maintenance, painting, building, restoring and cleaning.

19. **Mentoring / Tutoring**: tutor English language, literacy or other academic topics such as STEAM (science, tech, Engineering and math) and French.

20. **Newcomer Support**: Language learning (one on one or group), family hosting, mentoring and program support.

21. **Office Work**: reception, greeting clients and/or visitors, data entry, preparing mailings or other administrative duties.

22. **Recreation/ Sports**: supporting various recreation and leisure activities, community outings or athletic training programs.

23. **Retail Sales/ Donation**: gift wrapping, bingos, flower sales, concessions, donation distribution and food hamper assistance.

24. **Senior Services**: supporting programs serving persons over the age of 65, in care, community or in their own homes.

25. **Special Events**: festivals, garage sales, gift wrapping, car washes, runs, food drives, golf tournaments, and other annual events.

26. **Technology**: data entry, website design, graphic design, and computer training.