



COMMUNITY INVOLVEMENT UPDATES FOR WATERLOO REGION

Featured Volunteer Positions

July 23rd, 2021



Treasurer- Help the GVTA to achieve its mandate by working with the board to manage and maintain the financial affairs of the GVTA through the accurate and timely recording, monitoring, and reporting of all transactions in accordance with legislation and regulations governing charitable organizations.

✉ info@gvta.on.ca



IT Support- The LINK Picnic Festival and Carnival Costume Parade is an African and Caribbean Cultural Diaspora event including food, art, music, and activities to engage the whole family. Your support helps us raise awareness of these cultures, reduce barriers to cultural harmony and collaboration, and link people up through the Arts. The festival date is August 21-22, 2021.

☎ 519-721-5746

✉ picnic@linkpicnicfestival.com



Board Member - Through participation in our programs, volunteers help people to get their needs met, develop skills and make community connections. Volunteer participation increases opportunities and capacity for positive growth in all areas, including education and employment.

☎ 519-744-3311

✉ patientrelations@smgh.ca



Board of Directors - Leadership Waterloo Region Volunteers are the keystone to our success. With volunteer support, we provide experiential leadership development opportunities, challenge people to view their community through a different lens, and foster connections with active and emerging leaders creating positive change.

✉ info@leadershipwr.org

Community Tidbits



Science of Happiness: Strategies for Coping

Drop in virtually today 11 am to noon as Lola introduces Strategies for Coping as a Happiness Increasing Activity. Connect with other people seeking happiness.

The Science of Happiness introduces practical, accessible strategies to increase happiness and decrease feelings of anxiety, depression or sadness. Join us for one or all 13 workshops to learn the science of improving happiness.

Meeting ID: 874 2997 2810
Passcode: 100682
To Dial in, find your local number:
<https://us02web.zoom.us/j/koodrjfhC>

Science of Happiness Youtube Series
 available anytime
youtube.com/user/LangsCambridge/playlists

For assistance with ZOOM,
 please contact Julie at
juliew@langs.org OR 519-653-1470 ext 348





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